

Treating Psychosis: A
Clinician's Guide to Integrating
Acceptance and Commitment
Therapy, Compassion-Focused
Therapy, and Mindfulness
Approaches within the
Cognitive Behavioral Therapy
Tradition

By Nicola P. Wright



New Harbinger Publications. Paperback. Book Condition: new. BRAND NEW, Treating Psychosis: A Clinician's Guide to Integrating Acceptance and Commitment Therapy, Compassion-Focused Therapy, and Mindfulness Approaches within the Cognitive Behavioral Therapy Tradition, Nicola P. Wright, Hallucinations, delusions, catatonia, and thought disorder: the symptoms of psychosis are extreme. Patients with psychosis may experience a complete break from reality, become violent toward themselves or others, and may even believe that they are being persecuted by unseen forces. Because these symptoms can pose a number of dangers to the patient and those around them, successfully treating psychosis can be enormously challenging. Treating Psychosis is an evidence-based treatment manual for mental health professionals working with individuals who experience psychosis, a serious form of mental illness associated with schizophrenia, bipolar disorder, post-traumatic stress disorder, and severe depression. If you are a clinician dealing with psychotic patients, you know how devastating psychosis can be for both the patient and their family. That's why this book offers a compassionate approach that integrates empowerment and strengths-oriented methods. Using a

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