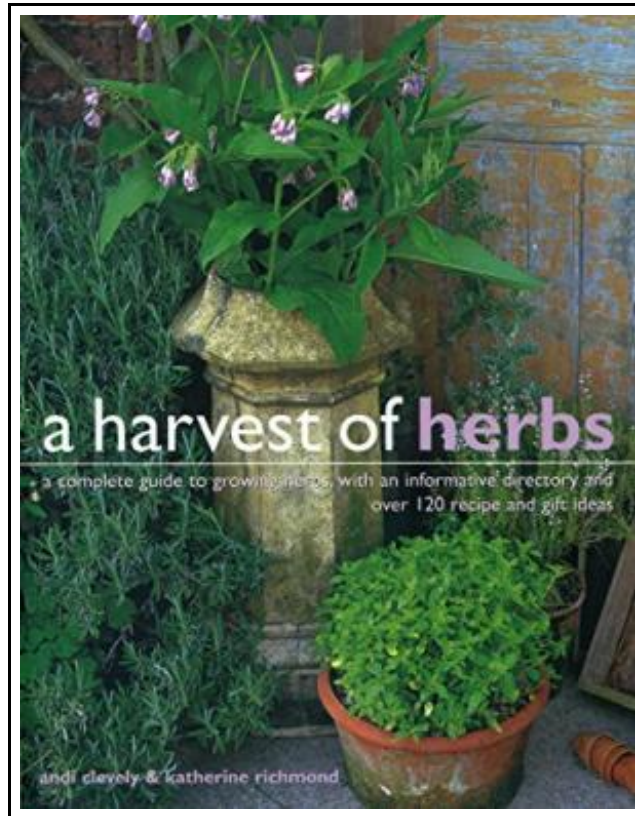


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Anness Publishing, United Kingdom, 2015. Paperback. Book Condition: New. 218 x 170 mm. Language: English . Brand New Book. This is a complete guide to growing herbs, with an informative directory and over 120 recipe and gift ideas. It offers practical advice on every aspect of growing herbs from designing your own herb garden and raising healthy herbs, to propagation, pruning and training. It is a botanical A-Z of over 150 herbs, with information on uses, cultivation and detailed descriptions of each variety. It features over 80 tasty and innovative herb recipes from summer soups, tasty snacks, and rich casseroles to light desserts, refreshing punches and soothing tisanes. It offers a wealth of attractive craft gift ideas including scented candles, table decorations, bath lotions and much more. For centuries, herbs have been used in gardening, perfumery, folk crafts and cooking. This book combines the range of skills needed for herb cultivation with hundreds of inspirational ideas for appetizing herb recipes and attractive craft ideas. The first half of the book is a practical guide to growing herbs successfully. The second section identifies over 150 herb varieties, providing cultivation tips as well as essential information on their medicinal, culinary and scented properties. An irresistible collection of recipes follows, including dishes for every taste. The book ends with a treasury of projects for scented displays, gifts and beauty products.



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