



# Coconut Flour! 47+ Irresistible Recipes for Baking with Coconut Flour: Perfect for Gluten Free, Celiac and Paleo Diets [2013 Edition] (Paperback)

By Donatella Giordano

Createspace, United States, 2013. Paperback. Book Condition: New. 252 x 202 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Irresistible Recipes for Baking with Coconut Flour \*\*\*2013 Edition - Major Update! In response to reader feedback and popular demand, 36 BRAND NEW and DELICIOUS recipeshave been added to the book in the BONUS SECTION (but don t worry, your old favorites are still present and accounted for!) \*\*\* NOW including MORE than 47 RECIPES and many of their variations! In addition to its numerous health benefits, coconut flour is a delicious gluten-free alternative to conventional wheat-based flour. Whether you re: Looking to add some exotic flavor to your baking repertoire A diagnosed Celiac Following the Paleo diet (or another glutenfree diet) Just in love with the great taste of coconut A seasoned gluten-free/low carb veteran Just starting out with a gluten or wheat-free diet This book is for you. Donatella Giordano Takes you by the hand and shows you with everything you need to bake tasty, varied, and guilt-free treats that will impress even the most die-hard gluten/wheat addicts. She even tells the secret of you how to make your own coconut flour for cheaper than you...



### Reviews

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